

## **About FML**

FML - Federation of Moravia Longboarding was founded in 2016 as a non-profit organization with main goal - to organize longboard races and other longboard events.

## **Racers**

Every racer must be healthy and skilled enough to participate in our events. He mustn't use alcohol or other drugs during FML events.

Every racer must sign a "FML race declaration" that he/she participate in FML event on his/her own risk and that he/she is releasing FML of all possible law enforcements, which can occur during event - especially injury or destroying his/her or anothers property. If the racer is younger then 18years, the sign of his/her parents or legal representative is required. "FML race declaration" will be available to download when registration started.

Every racer need to prove his/her skills during freeride. In case he/she won't prove his/her skills, he/she won't be allowed to participate in race. Pregnant women are not allowed to participate during freeriding or racing.

Every racer have to registrate (online or on spot) and have to show his/her longboard, leather suit, full-face helmet and gloves to technical control before race.

Racer doesn't have a right to have his registration fee being returned due to injury or due to being exluded from race because of violation the FML rules.

## **Registration fee**

Registration fee is needed to be paid before race via transfer to FML bank account, or in cash on race spot before the race. If the money isn't in our hands before the race, racer won't be accepted to participate in race.

In case of STORNO racer has these righthst to get his/her money back

1) 10 days before race - 90% of money back

2) 7 days before race - 60% money back

3) 6 days before race - racer doesn't have right to get his/her money back

STORNO money will be transferred back to account of racer, given in cash or other way - it depends on agreement between racer and FML.

In case of transferring money from abroad racer is OBLIGATED to add amount of money required by bank for abroad transaction.

## **Safety**

FML puts a great emphasis on safety at every organized event."

Every racer should give his/her hardware for safety check after every bigger crash to be sure helmet/board or any other hardware is still intact.

The whole race track is divided to parts, which is covered by track marshal, who is responsible for safety on his part of track. To alert racers, there is 3 different flags:

**GREEN** flag = "track is ready for RIDE!"

**YELLOW** flag = WARNING! - "there is something happening on the track (crash), you need to SLOW down and BE READY for anything"

**RED** flag = STOP!!! "you need to STOP NOW! There is some serious problem going on the track! Move away from track and WAIT for instructions!"

On every FML event there is medical staff ready to help those who is injured.

## Safety hardware

Nobody from FML is responsible for injury during DH skateboarding - it is dangerous sport with high risk of injury or even death. Every racer must use all safety hardware, especially helmets, in way its recommended by producer.

**HELMET** - needs to be FULL-FACE from one piece and with certification ATSM, CE, CPSC, SNELL or other, which is compatible with DH skateboarding. Helmet cannot be broken and must be secured by belt.

**SUIT** - racing suit must be leather. Can be from one or two pieces, but composite and safe. If suit has hole, it need to be covered by ductape.

**GLOVES** - must be syntethic or leather and must cover all fingers.

**SHOES** - needs to be in good condition and they should cover ankle.

## Racing rules

### Longboard

Racers ride on stand-up position, with both feets on board. Riding any other style is not allowerd. Pushing is allowed during start and during whole time of race.

Overtaking is allowed only if the one, who is overtaking, won't endanger the one who is in front of him/her - and that means NOT endanger his/her stability, safety and race track during whole overtaking maneuver. Not following this rule can lead to disqualification from race.

Racer, who is being overtaking, is not allowed to use any maneuver to endanger the one who is trying to get in front of him. Not following this rule can lead to disqualification from race.

Slowing down or speeding up another racer by physical contact is not allowed. Not following this rule can lead to disqualification from race. Every racer is fully responsible for his/her own speed and slowing down. If racer is faster than one in front of him/her, instead of physical contact he/she must take another path to overtake one in front, or slow down. All aggressive maneuvers, such as blocking other riders, hard physical contact or hitting the turn in dangerous way and endangering the other riders, can lead to disqualification from race.

If there will be a crash, rider, who felt, pick up a board and enter it exactly on the same spot, where he/she felt. You need to finish a race with exact same equipment as you've started - it is not allowed to take off helmet, gloves or else before finishing the whole track!

Violating any rule which can lead to disqualification from race means that rider is LOSING his/her right to have registration fee back!

## **Buttboard**

Buttboarders (classic luge) lay on board on his back, legs forward down the hill. Riders are not allowed to ride with their feet on the board, head forward or on lying on a belly.

## **Categories**

**OPEN** - riders older than 18. If OPEN category has lack of riders, it can be completed with riders from WOMEN and JUNIORS in case that rider agreed and is older than 14. These riders will be racing in both categories.

**WOMEN** - all women, no matter of age.

**JUNIOR** - guys age 8-18. All JUNIOR riders needs must have the "FML race declaration" signed by their parents/legal representative, or must have their parents present on the event

**BUTTBOARD** - all you who are crazy enough to ride that hill lying down. You must be older than 15!

# Technical specifications

## Longboard

Just have your board without any problems, broken parts or sharp edges. Axis of trucks must not extend more than wheel.

Allowed technic specifications of longboard:

- length of board max. 140 cm
- width of board max. 35 cm
- width of trucks max. 30.5 cm
- diameter of wheel max. 13 cm
- weight of whole set-up max. 7 kg

It depends on us if we say your board is good enough for racing, but we trust you that you won't ride anything shitty. :-)

## Buttboard

Just have your board without any problems, broken parts or sharp edges. Axis of trucks must not extend more than wheel. .

Allowed technic specifications of longboard:

- length of board max 125 cm
- width of board max. 35 cm
- width of trucks max. 30.5 cm
- buttboard must have 4 wheels, maximum diameter of wheel is 7,6 cm
- weight of whole set-up max 7 kg

It depends on us if we say your buttboard is good enough for racing, but we trust you that you won't ride anything shitty. :-)